

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Mondays to Fridays

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d					0518												
Lancaster (LAN)	6 d					0539									1014			
Carnforth (CNF)	d					0550									1024			
Barrow-in-Furness (BIF)	d			0552		0651					0932				1119			1235
Askam (ASK)	d			0602		0701					0942				1129			1245
Kirkby-in-Furness (KBF)	d			0607		0706					0946				1134			1249
Foxfield (FOX)	d			0611		0711					0951				1138			1254
Green Road (GNR)	d			0615		0715					0955				1142			1258
Millom (MLM)	d			0620		0720					1000				1147			1303
Silecroft (SIC)	d			0625		0725					1005				1152			1308
Bootle (BOC)	d			0632		0732					1013				1159			1315
Ravenglass for Eskdale (RAV)	d			0639		0739					1020				1206			1321
Drigg (DRI)	d			0643		0743					1023				1209			1325
Seascale (SSC)	d			0647		0747					1028				1213			1329
Sellafield (SEL)	d			0652		0752					1032				1217			1332
Braystones (BYS)	d					0756					1036							1336
Nethertown (NRT)	d					0759					1039							1339
St Bees (SBS)	d			0702		0805					1045				1228			1347
Corkickle (CKL)	d			0707a		0810a	0817				1050a	1100			1233a	1238		1352a
Whitehaven (WTH)	a			0722			0827					1110			1248			
Whitehaven (WTH)	d		0628			0732		0837	0935	1037				1130			1254	1348
Parton (PRN)	d		0632			0736		0841	0939	1041				1134			1258	1352
Harrington (HRR)	d		0641			0745		0850	0948	1050				1143				1401
Workington (WKG)	a		0645			0749		0854	0952	1054				1147			1310	1405
Workington (WKG)	d	0547	0647			0750		0855	0953	1056				1148			1311	1406
Flimby (FLM)	d	0552	0652			0755		0901	0959	1101				1154				1412
Maryport (MRY)	d	0556	0656			0759		0904	1002	1105				1158			1319	1416
Aspatria (ASP)	d	0607	0707			0810		0915	1013	1116				1208			1330	1426
Wigton (WGT)	d	0617	0717			0820		0925	1024	1126				1218			1340	1437
Dalston (DLS)	d	0626	0726			0829		0934	1033	1135				1227			1349	1446
Carlisle (CAR)	8 a	0637	0737			0840		0945	1044	1146				1238			1400	1457

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d						1346											
Lancaster (LAN)	6 d				1319		1404						1601					1836
Carnforth (CNF)	d				1329		1414						1611					1846
Barrow-in-Furness (BIF)	d				1429		1508						1716			1904		1947
Askam (ASK)	d				1439		1518						1726			1914		1957
Kirkby-in-Furness (KBF)	d				1443		1522						1731			1918		2001
Foxfield (FOX)	d				1448		1527						1735			1923		2006
Green Road (GNR)	d				1452		1531						1739			1927		2010
Millom (MLM)	d				1457		1536						1744			1932		2015a
Silecroft (SIC)	d				1502		1541						1749			1937		
Bootle (BOC)	d				1509		1548						1756			1944		
Ravenglass for Eskdale (RAV)	d				1515		1554						1803			1950		
Drigg (DRI)	d				1519		1558						1806			1953		
Seascale (SSC)	d				1523		1602						1810			1957		
Sellafield (SEL)	d				1526		1608						1816			2003		
Braystones (BYS)	d				1530													
Nethertown (NRT)	d				1533													
St Bees (SBS)	d				1540		1618						1826			2013		
Corkickle (CKL)	d	1402			1545a	1551	1623a	1634					1831a	1841		2018a	2023	
Whitehaven (WTH)	a	1412				1601		1644						1851			2033	
Whitehaven (WTH)	d		1438	1543			1613			1701	1750	1838			1923			2041
Parton (PRN)	d		1442	1547			1617			1705	1754	1842			1927			2045
Harrington (HRR)	d		1451	1556			1626			1714	1803	1851			1936			2054
Workington (WKG)	a		1455	1600			1630			1718	1807	1855			1940			2058
Workington (WKG)	d		1457	1601			1633			1720	1808	1856			1944			2059
Flimby (FLM)	d		1502	1607			1638			1725	1814	1902			1950			2105
Maryport (MRY)	d		1506	1611			1643			1729	1818	1906			1954			2109
Aspatria (ASP)	d		1517	1621			1654			1739	1828	1916			2004			2119
Wigton (WGT)	d		1527	1631			1705			1749	1838	1926			2015			2129
Dalston (DLS)	d		1536	1640			1714			1759	1847	1935			2024			2138
Carlisle (CAR)	8 a		1547	1651			1725			1810	1858	1946			2035			2149

For the complete service between Preston, Lancaster and Barrow-in-Furness see table 100

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Manchester Airport

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Mondays to Fridays

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT
Preston (PRE) 8 d					
Lancaster (LAN) 6 d					
Carnforth (CNF) d					
Barrow-in-Furness (BIF) d			2110		2212
Askam (ASK) d			2120		2222
Kirkby-in-Furness (KBF) d			2124		2226
Foxfield (FOX) d			2129		2231
Green Road (GNR) d			2133		2235
Millom (MLM) d			2138a	2148	2240a
Silecroft (SIC) d				2156	
Bootle (BOC) d				2206	
Ravenglass for Eskdale (RAV) d				2219	
Drigg (DRI) d				2231	
Seascale (SSC) d				2243	
Sellafield (SEL) d				2255	
Braystones (BYS) d					
Nethertown (NRT) d					
St Bees (SBS) d				2305	
Corkickle (CKL) d				2315	
Whitehaven (WTH) a				2325	
Whitehaven (WTH) d	2135	2209		2325	
Parton (PRN) d	2139	2213		2330	
Harrington (HRR) d	2148	2222		2340	
Workington (WKG) a	2152	2226		2350	
Workington (WKG) d	2153	2227			
Flimby (FLM) d	2159	2233			
Maryport (MRY) d	2203	2236			
Aspatria (ASP) d	2213	2247			
Wigton (WGT) d	2223	2257			
Dalston (DLS) d	2232	2306			
Carlisle (CAR) 8 a	2243	2317			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Saturdays

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d					0518											
Lancaster (LAN)	6 d					0539								1014			
Carnforth (CNF)	d					0550								1024			
Barrow-in-Furness (BIF)	d		0552		0651					0932				1119			1235
Askam (ASK)	d		0602		0701					0942				1129			1245
Kirkby-in-Furness (KBF)	d		0607		0706					0946				1134			1249
Foxfield (FOX)	d		0611		0711					0951				1138			1254
Green Road (GNR)	d		0615		0715					0955				1142			1258
Millom (MLM)	d		0620		0720					1000				1147			1303
Silecroft (SIC)	d		0625		0725					1005				1152			1308
Bootle (BOC)	d		0632		0732					1013				1159			1315
Ravenglass for Eskdale (RAV)	d		0639		0739					1020				1206			1321
Drigg (DRI)	d		0643		0743					1023				1209			1325
Seascale (SSC)	d		0647		0747					1028				1213			1329
Sellafield (SEL)	d		0652		0752					1032				1217			1332
Braystones (BYS)	d				0756					1036							1336
Nethertown (NRT)	d				0759					1039							1339
St Bees (SBS)	d		0702		0805					1045				1228			1347
Corkickle (CKL)	d		0707a	0712	0810a	0817				1050a	1100			1233a	1238		1352a
Whitehaven (WTH)	a			0722		0827					1110			1248			
Whitehaven (WTH)	d		0628		0732		0837	0935	1037				1130			1254	1348
Parton (PRN)	d		0632		0736		0841	0939	1041				1134			1258	1352
Harrington (HRR)	d		0641		0745		0850	0948	1050				1143				1401
Workington (WKG)	a		0645		0749		0854	0952	1054				1147			1310	1405
Workington (WKG)	d	0547	0647		0750		0855	0953	1056				1148			1311	1406
Flimby (FLM)	d	0552	0652		0755		0901	0959	1101				1154				1412
Maryport (MRY)	d	0556	0656		0759		0904	1002	1105				1158			1319	1416
Aspatria (ASP)	d	0607	0707		0810		0915	1013	1116				1208			1330	1426
Wigton (WGT)	d	0617	0717		0820		0925	1024	1126				1218			1340	1437
Dalston (DLS)	d	0626	0726		0829		0934	1033	1135				1227			1349	1446
Carlisle (CAR)	8 a	0637	0737		0840		0945	1044	1146				1238			1400	1457

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d						1346										
Lancaster (LAN)	6 d			1319			1404						1601				1836
Carnforth (CNF)	d			1329			1414						1611				1846
Barrow-in-Furness (BIF)	d			1429			1508						1716			1904	1947
Askam (ASK)	d			1439			1518						1726			1914	1957
Kirkby-in-Furness (KBF)	d			1443			1522						1731			1918	2001
Foxfield (FOX)	d			1448			1527						1735			1923	2006
Green Road (GNR)	d			1452			1531						1739			1927	2010
Millom (MLM)	d			1457			1536						1744			1932	2015a
Silecroft (SIC)	d			1502			1541						1749			1937	
Bootle (BOC)	d			1509			1548						1756			1944	
Ravenglass for Eskdale (RAV)	d			1515			1554						1803			1950	
Drigg (DRI)	d			1519			1558						1806			1953	
Seascale (SSC)	d			1523			1602						1810			1957	
Sellafield (SEL)	d			1526			1608						1816			2003	
Braystones (BYS)	d			1530													
Nethertown (NRT)	d			1533													
St Bees (SBS)	d			1540			1618						1826			2013	
Corkickle (CKL)	d	1402		1545a	1551		1623a	1634					1831a	1841		2018a	2023
Whitehaven (WTH)	a	1412			1601			1644						1851		2033	
Whitehaven (WTH)	d		1438	1543		1613			1701	1752	1838			1923			2039
Parton (PRN)	d		1442	1547		1617			1705	1756	1842			1927			2043
Harrington (HRR)	d		1451	1556		1626			1714	1805	1851			1936			2052
Workington (WKG)	a		1455	1600		1630			1718	1809	1855			1940			2056
Workington (WKG)	d		1457	1601		1633			1720	1811	1856			1944			2057
Flimby (FLM)	d		1502	1607		1638			1725	1816	1902			1950			2102
Maryport (MRY)	d		1506	1611		1643			1729	1820	1906			1954			2106
Aspatria (ASP)	d		1517	1621		1654			1739	1831	1916			2004			2117
Wigton (WGT)	d		1527	1631		1705			1749	1841	1926			2015			2127
Dalston (DLS)	d		1536	1640		1714			1759	1850	1935			2024			2136
Carlisle (CAR)	8 a		1547	1651		1725			1810	1901	1946			2035			2147

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Manchester Airport

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Saturdays

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT
Preston (PRE) 8 d					
Lancaster (LAN) 6 d					
Carnforth (CNF) d					
Barrow-in-Furness (BIF) d			2110		2211
Askam (ASK) d			2120		2221
Kirkby-in-Furness (KBF) d			2124		2225
Foxfield (FOX) d			2129		2230
Green Road (GNR) d			2133		2234
Millom (MLM) d			2138a	2148	2239a
Silecroft (SIC) d				2156	
Bootle (BOC) d				2206	
Ravenglass for Eskdale (RAV) d				2219	
Drigg (DRI) d				2231	
Seascale (SSC) d				2243	
Sellafield (SEL) d				2255	
Braystones (BYS) d					
Nethertown (NRT) d					
St Bees (SBS) d				2305	
Corkickle (CKL) d				2315	
Whitehaven (WTH) a				2325	
Whitehaven (WTH) d	2125	2219		2325	
Parton (PRN) d	2129	2223		2330	
Harrington (HRR) d	2138	2232		2340	
Workington (WKG) a	2142	2236		2350	
Workington (WKG) d	2143	2237			
Flimby (FLM) d	2149	2243			
Maryport (MRY) d	2152a	2246a			
Aspatria (ASP) d					
Wigton (WGT) d					
Dalston (DLS) d					
Carlisle (CAR) 8 a					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Sundays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT A	NT A	NT B	NT	NT	NT	NT	NT	NT	NT	NT	NT C	NT	NT	NT	NT	NT
Preston (PRE)	8 d											1039					
Lancaster (LAN)	6 d											1057					
Carnforth (CNF)	d					0855						1106					
Barrow-in-Furness (BIF)	d			0905		0950			1044			1203				1358	
Askam (ASK)	d			0915		1000			1054			1213				1408	
Kirkby-in-Furness (KBF)	d			0919		1004			1059			1217					
Foxfield (FOX)	d			0924		1009			1103			1221					
Green Road (GNR)	d			0928		1013			1107			1225					
Millom (MLM)	d			0933a		1017			1112			1230				1423	
Silecroft (SIC)	d					1022			1117			1235					
Bootle (BOC)	d					1029			1124			1242					
Ravenglass for Eskdale (RAV)	d					1035			1130			1248				1438	
Drigg (DRI)	d					1039			1133			1252					
Seascale (SSC)	d					1043			1137			1256					
Sellafield (SEL)	d					1046			1141			1300				1446	
Braystones (BYS)	d					1050											
Nethertown (NRT)	d					1053											
St Bees (SBS)	d					1059			1152			1310				1456	
Corkickle (CKL)	d					1104a	1111		1157a	1211		1315a	1322			1501a	1511
Whitehaven (WTH)	a						1121			1221			1332				1521
Whitehaven (WTH)	d				1016			1131			1234			1340	1437		1531
Parton (PRN)	d				1020			1135			1238			1344	1441		1535
Harrington (HRR)	d				1029			1144			1247			1353	1450		1544
Workington (WKG)	a				1033			1148			1251			1357	1454		1548
Workington (WKG)	d	0855	0940	0957		1034		1149			1252			1358	1455		1549
Flimby (FLM)	d	0900	0945	1002		1040		1155			1257			1404	1501		1555
Maryport (MRY)	d	0904	0949	1006		1044		1159			1301			1408	1505		1559
Aspatria (ASP)	d	0915	1000	1017		1054		1209			1312			1419	1515		1609
Wigton (WGT)	d	0925	1010	1027		1104		1220			1322			1430	1526		1620
Dalston (DLS)	d	0934	1019	1036		1113		1229			1331			1439	1535		1629
Carlisle (CAR)	8 a	0945	1030	1047		1124		1240			1342			1450	1546		1640

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT C
Preston (PRE)	8 d											1746
Lancaster (LAN)	6 d											1804
Carnforth (CNF)	d											1814
Barrow-in-Furness (BIF)	d	1454			1652					1825		1910
Askam (ASK)	d	1504			1702					1835		1920
Kirkby-in-Furness (KBF)	d	1508			1707					1839		1924
Foxfield (FOX)	d	1513			1711					1844		1928
Green Road (GNR)	d	1517			1715					1848		1932
Millom (MLM)	d	1522			1720					1853a	1905	1936a
Silecroft (SIC)	d	1527			1725						1913	
Bootle (BOC)	d	1534			1732						1926	
Ravenglass for Eskdale (RAV)	d	1540			1739						1943	
Drigg (DRI)	d	1544			1742						1957	
Seascale (SSC)	d	1548			1746						2009	
Sellafield (SEL)	d	1552			1750						2027	
Braystones (BYS)	d				1754							
Nethertown (NRT)	d				1757							
St Bees (SBS)	d	1602			1803						2039	
Corkickle (CKL)	d	1607a	1612		1808a	1814					2051	
Whitehaven (WTH)	a		1622			1824					2104	
Whitehaven (WTH)	d			1631	1731			1841	1938	2030		2104
Parton (PRN)	d			1635	1735			1845	1943	2034		2109
Harrington (HRR)	d			1644	1744			1854	1953	2043		
Workington (WKG)	a			1648	1748			1858	2003	2047		2128
Workington (WKG)	d			1650	1750			1859	2003	2048		
Flimby (FLM)	d			1655	1755			1905	2013	2054		
Maryport (MRY)	d			1700	1759			1909	2018	2058		
Aspatria (ASP)	d			1711	1810			1919	2038	2108		
Wigton (WGT)	d			1721	1820			1930	2058	2118		
Dalston (DLS)	d			1730	1829			1939	2118	2127		
Carlisle (CAR)	8 a			1741	1840			1950	2133	2138		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A Runs until 4 January and from 22 February

B Runs from 11 January to 15 February

C From Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Mondays to Fridays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT A	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d					0550			0706			0807	0859			1013	1108	
Dalston (DLS)	d					0559			0715			0816	0908			1022	1116	
Wigton (WGT)	d					0608			0724			0826	0917			1031	1125	
Aspatria (ASP)	d					0619			0735			0836	0928			1042	1136	
Maryport (MRY)	d			0509	0548	0630			0746			0848	0939			1053	1147	
Flimby (FLM)	d			0517	0551	0634			0750			0851	0943			1056	1150	
Workington (WKG)	a			0529	0557	0639			0755			0857	0948			1102	1156	
Workington (WKG)	d			0529	0558	0641			0757			0858	0950			1103	1157	
Harrington (HRR)	d			0539	0603	0645			0801			0903	0954			1108	1201	
Parton (PRN)	d			0549	0612	0654			0810			0912	1003			1117	1210	
Whitehaven (WTH)	a			0558	0616	0658			0814			0916	1008			1121	1215	
Whitehaven (WTH)	d		0508		0558			0703		0819				1030				1223
Corkickle (CKL)	d		0518		0610			0713a	0723		0829a	0839			1040a	1055		1233a
St Bees (SBS)	d		0531		0623				0729			0845				1101		
Nethertown (NRT)	d								0734							1106		
Braystones (BYS)	d								0737							1109		
Sellafield (SEL)	d		0544		0639a				0742			0856				1114		
Seascale (SSC)	d		0604						0745			0859				1118		
Drigg (DRI)	d		0610						0749			0903				1122		
Ravenglass for Eskdale (RAV)	d		0617						0753			0907				1126		
Bootle (BOC)	d		0630						0759			0913				1132		
Silecroft (SIC)	d		0640						0806			0920				1139		
Millom (MLM)	d	0610	0650a	0710					0811			0926				1145		
Green Road (GNR)	d	0614		0715					0816			0930				1149		
Foxfield (FOX)	d	0618		0719					0820			0934				1154		
Kirkby-in-Furness (KBF)	d	0623		0724					0824			0939				1159		
Askam (ASK)	d	0628		0729					0829			0944				1204		
Barrow-in-Furness (BIF)	a	0641		0742					0843			0958				1218		
Carnforth (CNF)	a			0839								1052						
Lancaster (LAN)	6 a			0846								1105						
Preston (PRE)	8 a			0906														

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1210			1308	1410			1439			1511	1558	1706			1750	
Dalston (DLS)	d	1219			1317	1419			1448			1520	1607	1715			1759	
Wigton (WGT)	d	1228			1326	1429			1458			1529	1617	1725			1808	
Aspatria (ASP)	d	1239			1337	1439			1508			1540	1627	1735			1819	
Maryport (MRY)	d	1250			1348	1451			1520			1551	1639	1747			1830	
Flimby (FLM)	d	1253			1351	1454			1523			1555	1642	1750			1834	
Workington (WKG)	a	1259			1357	1500			1529			1600	1648	1756			1839	
Workington (WKG)	d	1300			1358	1501			1530			1602	1649	1757			1841	
Harrington (HRR)	d	1305			1403	1506			1535			1606	1654	1802			1845	
Parton (PRN)	d	1314			1412	1515			1544			1615	1703	1811			1854	
Whitehaven (WTH)	a	1318			1416	1519			1548			1620	1709	1816			1859	
Whitehaven (WTH)	d		1342				1521		1606						1821			
Corkickle (CKL)	d	1246		1352a	1423		1531a	1550		1616a	1629				1831a	1856		
St Bees (SBS)	d	1252			1430			1556			1635					1902		
Nethertown (NRT)	d										1640					1907		
Braystones (BYS)	d										1643					1910		
Sellafield (SEL)	d	1302			1440			1607			1648					1916		
Seascale (SSC)	d	1306			1444			1611			1652					1919		
Drigg (DRI)	d	1310			1448			1615			1656							
Ravenglass for Eskdale (RAV)	d	1313			1451			1618			1700					1925		
Bootle (BOC)	d	1319			1458			1625			1706							
Silecroft (SIC)	d	1326			1505			1632			1713							
Millom (MLM)	d	1332			1510			1637			1719					1941		2029
Green Road (GNR)	d	1336			1515			1642			1723					1946		2033
Foxfield (FOX)	d	1340			1519			1646			1728					1950		2037
Kirkby-in-Furness (KBF)	d	1345			1524			1650			1732					1955		2042
Askam (ASK)	d	1350			1529			1656			1738					2000		2047
Barrow-in-Furness (BIF)	a	1404			1543			1710			1752					2014		2101
Carnforth (CNF)	a							1810			1854							
Lancaster (LAN)	6 a							1820			1906							
Preston (PRE)	8 a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Mondays to Fridays

Operator 1st Class/Reservations/Bus	NT	NT 	NT	NT	NT	NT	NT
Carlisle (CAR) 8 d	1848			2000		2054	2201
Dalston (DLS) d	1857			2009		2103	2210
Wigton (WGT) d	1906			2018		2112	2219
Aspatia (ASP) d	1917			2029		2123	2230
Maryport (MRY) d	1928			2040		2134	2241
Flimby (FLM) d	1931			2044		2137	2244
Workington (WKG) a	1937			2049		2143	2250
Workington (WKG) d	1938			2051		2144	2251
Harrington (HRR) d	1943			2055		2149	2256
Parton (PRN) d	1952			2105		2158	2305
Whitehaven (WTH) a	1957			2111		2204	2311
Whitehaven (WTH) d		2002					
Corkickle (CKL) d		2012a	2022				
St Bees (SBS) d			2029				
Nethertown (NRT) d			2034				
Braystones (BYS) d			2037				
Sellafield (SEL) d			2041				
Seascale (SSC) d			2045				
Drigg (DRI) d			2049				
Ravenglass for Eskdale (RAV) d			2052				
Bootle (BOC) d			2059				
Silecroft (SIC) d			2106				
Millom (MLM) d			2111		2200		
Green Road (GNR) d			2116		2204		
Foxfield (FOX) d			2120		2208		
Kirkby-in-Furness (KBF) d			2124		2213		
Askam (ASK) d			2129		2218		
Barrow-in-Furness (BIF) a			2143		2231		
Carnforth (CNF) a			2237				
Lancaster (LAN) 6 a			2246				
Preston (PRE) 8 a			2310				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT 	NT A	NT 	NT	NT	NT 	NT	NT	NT 	NT	NT	NT 	NT	NT 	NT	NT	NT
Carlisle (CAR)	8 d					0550			0706			0807	0902			1013	1108	
Dalston (DLS)	d					0559			0715			0816	0911			1022	1116	
Wigton (WGT)	d					0608			0724			0826	0920			1031	1125	
Aspatria (ASP)	d					0619			0735			0836	0931			1042	1136	
Maryport (MRY)	d			0509	0548	0630			0746			0848	0942			1053	1147	
Flimby (FLM)	d			0517	0551	0634			0750			0851	0946			1056	1150	
Workington (WKG)	a			0529	0557	0639			0755			0857	0951			1102	1156	
Workington (WKG)	d			0529	0558	0641			0757			0858	0953			1103	1157	
Harrington (HRR)	d			0539	0603	0645			0801			0903	0957			1108	1201	
Parton (PRN)	d			0549	0612	0654			0810			0912	1006			1117	1210	
Whitehaven (WTH)	a			0558	0616	0658			0814			0916	1011			1121	1215	
Whitehaven (WTH)	d		0508		0558		0703		0819					1030				1223
Corkickle (CKL)	d		0518		0610		0713a	0723		0829a	0839			1040a	1054			1233a
St Bees (SBS)	d		0531		0623			0729			0845					1100		
Nethertown (NRT)	d							0734								1105		
Braystones (BYS)	d							0737								1108		
Sellafield (SEL)	d		0544		0639a			0742			0856					1113		
Seascale (SSC)	d		0604					0745			0859					1116		
Drigg (DRI)	d		0610					0749			0903					1120		
Ravenglass for Eskdale (RAV)	d		0617					0753			0907					1124		
Bootle (BOC)	d		0630					0759			0913					1131		
Silecroft (SIC)	d		0640					0806			0920					1138		
Millom (MLM)	d	0610	0650a	0710				0811			0926					1143		
Green Road (GNR)	d	0614		0715				0816			0930					1148		
Foxfield (FOX)	d	0618		0719				0820			0934					1152		
Kirkby-in-Furness (KBF)	d	0623		0724				0824			0939					1156		
Askam (ASK)	d	0628		0729				0829			0944					1201		
Barrow-in-Furness (BIF)	a	0641		0742				0843			0958					1215		
Carnforth (CNF)	a			0839							1052							
Lancaster (LAN)	6 a			0846							1105							
Preston (PRE)	8 a			0906														

Operator 1st Class/Reservations/Bus	NT	NT 	NT 	NT	NT	NT	NT 	NT	NT	NT 	NT	NT	NT	NT	NT 	NT	NT	NT
Carlisle (CAR)	8 d		1210			1308	1407			1439			1511	1625	1706		1750	
Dalston (DLS)	d		1219			1317	1416			1448			1520	1634	1715		1759	
Wigton (WGT)	d		1228			1326	1426			1458			1529	1644	1725		1808	
Aspatria (ASP)	d		1239			1337	1436			1508			1540	1654	1735		1819	
Maryport (MRY)	d		1250			1348	1448			1520			1551	1706	1747		1830	
Flimby (FLM)	d		1253			1351	1451			1523			1555	1709	1750		1834	
Workington (WKG)	a		1259			1357	1457			1529			1600	1715	1756		1839	
Workington (WKG)	d		1300			1358	1458			1530			1602	1716	1757		1841	
Harrington (HRR)	d		1305			1403	1503			1535			1606	1721	1802		1845	
Parton (PRN)	d		1314			1412	1512			1544			1615	1730	1811		1854	
Whitehaven (WTH)	a		1318			1416	1516			1548			1620	1735	1816		1859	
Whitehaven (WTH)	d			1342				1521		1606						1821		
Corkickle (CKL)	d	1246		1352a	1423			1531a	1550		1616a	1629				1831a	1856	
St Bees (SBS)	d	1252			1430				1556			1635					1902	
Nethertown (NRT)	d											1640					1907	
Braystones (BYS)	d											1643					1910	
Sellafield (SEL)	d	1302			1440			1607				1648					1916	
Seascale (SSC)	d	1306			1444			1611				1652					1919	
Drigg (DRI)	d	1310			1448			1615				1656						
Ravenglass for Eskdale (RAV)	d	1313			1451			1618				1700					1925	
Bootle (BOC)	d	1319			1458			1625				1706						
Silecroft (SIC)	d	1326			1505			1632				1713						
Millom (MLM)	d	1332			1510			1637				1719					1941	2029
Green Road (GNR)	d	1336			1515			1642				1723					1946	
Foxfield (FOX)	d	1340			1519			1646				1728					1950	2036
Kirkby-in-Furness (KBF)	d	1345			1524			1650				1732					1955	
Askam (ASK)	d	1350			1529			1656				1738					2000	2045
Barrow-in-Furness (BIF)	a	1404			1543			1710				1752					2014	2059
Carnforth (CNF)	a							1810				1854						
Lancaster (LAN)	6 a							1820				1906						
Preston (PRE)	8 a																	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT 	NT B	NT C	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1846			1909		2000	2105	2151
Dalston (DLS)	d	1855			1918		2009	2114	2159
Wigton (WGT)	d	1904			1928		2018	2123	2208
Aspatria (ASP)	d	1915			1938		2029	2134	2219
Maryport (MRY)	d	1926			1949		2040	2145	2230
Flimby (FLM)	d	1929			1953		2044	2148	2233
Workington (WKG)	a	1935			1958		2049	2154	2239
Workington (WKG)	d	1936			2000		2051	2155	2240
Harrington (HRR)	d	1941			2004		2055	2200	2245
Parton (PRN)	d	1950			2013		2105	2209	2254
Whitehaven (WTH)	a	1956			2017		2111	2215	2300
Whitehaven (WTH)	d		2002						
Corkickle (CKL)	d		2012a	2022	2022				
St Bees (SBS)	d			2028	2028				
Nethertown (NRT)	d			2033	2033				
Braystones (BYS)	d			2036	2036				
Sellafield (SEL)	d			2041	2041				
Seascale (SSC)	d			2045	2045				
Drigg (DRI)	d			2049	2049				
Ravenglass for Eskdale (RAV)	d			2052	2052				
Bootle (BOC)	d			2059	2059				
Silecroft (SIC)	d			2106	2106				
Millom (MLM)	d			2111	2111		2200		
Green Road (GNR)	d			2116	2116		2204		
Foxfield (FOX)	d			2120	2120		2208		
Kirkby-in-Furness (KBF)	d			2124	2124		2213		
Askam (ASK)	d			2129	2129		2218		
Barrow-in-Furness (BIF)	a			2143	2143		2231		
Carnforth (CNF)	a			2237	2237				
Lancaster (LAN)	6 a			2246	2248				
Preston (PRE)	8 a			2310					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

B Runs until 3 January and from 21 February
C Runs from 10 January to 14 February

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Sundays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT A	NT B	NT	NT	NT A	NT B	NT	NT	NT	NT	NT	NT	NT	NT C	NT
Carlisle (CAR)	8 d		0944				1022	1040				1105			1207	1324	1400
Dalston (DLS)	d		0953				1031	1049				1114			1216	1333	1409
Wigton (WGT)	d		1002				1041	1058				1124			1226	1342	1418
Aspatria (ASP)	d		1013				1051	1109				1134			1236	1352	1429
Maryport (MRY)	d	0917	1024	1024			1103	1120				1146			1248	1403	1440
Flimby (FLM)	d	0920					1107	1123				1149			1251	1407	1444
Workington (WKG)	a	0926	1032	1032			1112	1129				1155			1257	1412	1449
Workington (WKG)	d	0927	1033	1033			1117	1130				1156			1258	1414	1451
Harrington (HRR)	d	0932					1121	1134				1201			1303	1418	1455
Parton (PRN)	d	0941	1046	1046			1135c	1147				1210			1312	1427	1504
Whitehaven (WTH)	a	0945	1050	1050			1140	1151				1215			1316	1432	1509
Whitehaven (WTH)	d				1055				1158		1300					1450	
Corkickle (CKL)	d				1107a	1115			1208a	1221	1310a	1321				1500a	1520
St Bees (SBS)	d					1121				1227		1327					1526
Nethertown (NRT)	d									1232							
Braystones (BYS)	d									1235							
Sellafield (SEL)	d					1131				1240		1337					1536
Seascale (SSC)	d					1135				1244		1341					1540
Drigg (DRI)	d					1139				1248		1345					1544
Ravenglass for Eskdale (RAV)	d					1142				1251		1349					1548
Bootle (BOC)	d					1148				1258		1355					1554
Silecroft (SIC)	d					1155				1305		1402					1601
Millom (MLM)	d	0950				1201				1310		1408					1606
Green Road (GNR)	d	0954				1205				1315		1412					1611
Foxfield (FOX)	d	0958				1209				1319		1416					1615
Kirkby-in-Furness (KBF)	d	1003				1214				1323		1421					1619
Askam (ASK)	d	1008				1219				1328		1426					1625
Barrow-in-Furness (BIF)	a	1021				1233				1342		1440					1639
Carnforth (CNF)	a																1736
Lancaster (LAN)	6 a																1744
Preston (PRE)	8 a																1806

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT C	NT	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d		1509	1615			1710		1810	1910	2010	2110	
Dalston (DLS)	d		1518	1624			1719		1819	1919	2019	2125	
Wigton (WGT)	d		1527	1633			1728		1829	1929	2029	2145	
Aspatria (ASP)	d		1538	1644			1739		1839	1939	2039	2205	
Maryport (MRY)	d		1549	1655			1750		1851	1951	2051	2225	
Flimby (FLM)	d		1553	1659			1753		1854	1954	2054	2230	
Workington (WKG)	a		1558	1704			1759		1900	2000	2100	2240	
Workington (WKG)	d		1600	1706			1800		1901	2001	2101	2240	
Harrington (HRR)	d		1604	1710			1804		1906	2006	2106	2250	
Parton (PRN)	d		1613	1719			1813		1915	2015	2115	2300	
Whitehaven (WTH)	a		1618	1724			1818		1921	2021	2121	2305	
Whitehaven (WTH)	d	1555			1759			1830					
Corkickle (CKL)	d	1605a	1624		1809a	1822		1842					
St Bees (SBS)	d		1630			1828		1854					
Nethertown (NRT)	d		1635			1833							
Braystones (BYS)	d		1638			1836							
Sellafield (SEL)	d		1643			1841		1910					
Seascale (SSC)	d		1647			1845		1930					
Drigg (DRI)	d		1651			1849		1938					
Ravenglass for Eskdale (RAV)	d		1654			1852		1949					
Bootle (BOC)	d		1701			1859		2005					
Silecroft (SIC)	d		1708			1906		2017					
Millom (MLM)	d		1713			1911	1925	2023					
Green Road (GNR)	d		1718			1916	1929	2035					
Foxfield (FOX)	d		1722			1920	1933	2047					
Kirkby-in-Furness (KBF)	d		1726			1924	1938	2057					
Askam (ASK)	d		1731			1929	1943	2109					
Barrow-in-Furness (BIF)	a		1745			1943	1956	2124					
Carnforth (CNF)	a		1841			2042							
Lancaster (LAN)	6 a		1851			2050							
Preston (PRE)	8 a					2111							

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time C To Manchester Airport
d Departure time
c Arrives 5 minutes earlier

- A Runs until 4 January and from 22 February
B Runs from 11 January to 15 February